

## Retreat Registration

I would like to attend

\_\_\_ the Intensive Retreat  
(For the first experience of an extended retreat)

\_\_\_ the Advanced Intensive Retreat  
(pre-requisite: an Intensive Retreat)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Telephone: \_\_\_\_\_

\_\_\_ Enclosed is my \$75 non refundable check.

Please indicate any special dietary or physical needs  
\_\_\_\_\_

Make checks payable to: COSEW  
Mail to: Lois Blansinski

**Contemplative Outreach of  
Southeast Wisconsin**

Sponsors

## **7-day Intensive Retreat and 7-day Advanced Intensive Retreat**

**Location: St. Benedict's Abbey  
Benet Lake**

**Staff: Kathryn Ann Kobelinski SSND  
Ann Koerner, CSA  
Judee Weber**

Intensive Centering Prayer retreats immerse participants in the practice of Centering Prayer as taught by Contemplative Outreach, Ltd. The Intensive and Advanced Intensive retreats will be separate, but participants will come together for prayer, liturgy and meal times,

The 8-day Intensive Retreat is an in-depth retreat for those with experience in Centering Prayer, in an atmosphere of silence, solitude and community. Videotapes of the spiritual Journey series with Fr. Thomas Keating are shown.

The Advanced Centering Prayer Retreat provides an opportunity to deepen the practice of Centering Prayer in an atmosphere of silence and community support. The Advanced Intensive will feature Part V of the Spiritual Journey Videotape series by Fr. Thomas Keating. **Prerequisite: an experience of an Intensive Retreat.**

**Registration:**

Registration begins at 4:00 with supper at 5:30 PM and concludes with breakfast on Saturday, June 23rd.

. Cost of the retreat including private bedroom, meals and materials is \$675. A non-refundable deposit of \$75 must be included with the registration form. Partial scholarships are available upon request.

### **Staff**

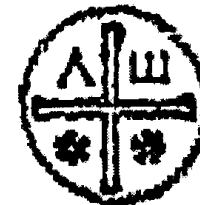
**Sr. Kathryn Ann Kobelinski** is a commissioned presenter for Centering Prayer and Lectio Divina Programs. Presently, Sister serves on the Leadership Team for COSEW and has served on retreat teams in Wisconsin and Iowa.

**Ann Koerner, CSA, is a Sister of St Agnes who serves on the COSEW Leadership Team. Ann is a commissioned CO presenter and an experienced spiritual director.**

**Judee Weber** is currently the Coordinator of the Southeast Contemplative Outreach Chapter (COSEW), is a commissioned presenter.

### **St. Benedict's Abbey**

The retreat housing includes carpeted private rooms with private full bath. Each room has a window fan. A Bible is provided in the room.



**Seven Day Intensive Retreat  
and  
Seven Day Advanced Intensive  
Retreat**

**June 23 – July 29, 2012**

**St. Benedict Abbey and Retreat Center  
Benet Lake, WI**

**Sponsored by  
Contemplative Outreach of  
Southeast Wisconsin**

The dining room, lounges, conference rooms are air conditioned. An elevator is available. The building is a smoke free facility.

**Directions to Retreat Center  
12605-224<sup>th</sup> Ave  
Benet Lake WI 53102  
262-396-4311**

**From Wisconsin  
From Northeast**

I-94 (or Hwy 45) South to County C (Kenosha county), right on County C, left on 224<sup>th</sup> Ave (also the beginning of County V), stay on 224<sup>th</sup> Ave, left onto Abbey grounds.

**From Northwest:**

Hwy 50 east to Hwy 83, right on Hwy 83, left on 119<sup>th</sup> St, follow two curves (119<sup>th</sup> becomes 122<sup>nd</sup> St.), right on 224<sup>th</sup> Ave (stop sign), left onto Abbey grounds.

**From Illinois**

**From Southeast**

I-94 north to Rosecrans exit, left on Hwy 173, (Rosecrans Rd), right on Deep Lake Road, left on North Ave, right on Nelson Rd which becomes 224<sup>th</sup> Ave in WI, right onto Abbey grounds.

**From Southwest**

Hwy 59 (ends at Hwy 173/Rosecrans Rd), right on 173 to Hwy 83, left on Hwy 83 to North Ave, left on Nelson Rd which becomes 224<sup>th</sup> Ave in WI, right onto Abbey grounds.

**CENTERING PRAYER**