



**6th Annual
Centering Prayer Retreat
At the Jersey Shore**

May 13 – 20, 2012

Eight Day Intensive/
Post Intensive Retreat

Fr. Carl Arico
Cathy Maravetz
Leslee Anne Terpay



Sponsored by
Contemplative Outreach of New Jersey

Held at
Maris Stella Retreat House
Harvey Cedars, NJ

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The Retreat

The **Intensive Retreat** provides an opportunity to deepen the practice of Centering Prayers in an atmosphere of profound silence and community support. There are six 30-minute Centering Prayer periods daily. The prayer is supported with viewing of a selection of Fr. Thomas Keating's Spiritual Journey video series. Private interviews with the staff available.

The **Post-Intensive Retreat** provides an opportunity to deepen the practice of Centering Prayer and Lectio Divina (Praying Sacred Scriptures) in an atmosphere of profound silence and community support. There are seven 30-minute periods of Centering Prayer daily. Participants observe Grand Silence four days during the retreat. Previous participation in an 8 or 10 Day Intensive Retreat is recommended for the Post-Intensive.

Retreat Leaders

Fr. Carl Arico Companion on the Journey of Centering Prayer since 1975 and a founding member of Contemplative Outreach. Author, Teacher, Retreat Leader, International presenter and Member of the Circle of Service. Known for his down to earth and human approach in presenting contemplative practices. Fr. Carl is the author of *A Taste of Silence*.

Cathy Maravetz is part of the Contemplative Outreach of New Jersey leadership team. **Leslee Terpay** has served the Centering Prayer community for 9 years.

Schedule and Cost

The retreat begins with dinner on Sunday, May 13, 2010 and closes Sunday morning, May 20, 2010.

The fee of \$550 includes the retreat, meals and overnight accommodations. Reservations are limited and will be taken in the order in which they are received.

A \$125.00 non-refundable deposit is required with registration.

Maris Stella Retreat and Conference Center

Maris Stella Retreat House is located on ten acres of land on Long Beach Island, New Jersey. It is located between Barnegat Bay and the Atlantic Ocean. Maris Stella offers an atmosphere of prayer and quiet, where retreatants can enjoy the beauty and serenity of the location, whether praying in the chapel, walking or sitting quietly by the bay or ocean, or resting in the retreat house on the ocean.

The power of the Ocean, the peace of the Bay and the grandeur of the Sunsets serve as a testimony to the wonders of God's Creation.

"Come by yourself to an out of the way place and rest." Mark 6:31

Registration Form

I would like to register for:

- Intensive Retreat
- Post-Intensive Retreat

Please indicate any special physical or dietary needs:

Name _____

Address _____

City _____

State _____ Zip _____

E-Mail _____
(Please print)

Phone _____

Work Phone _____

Enclosed is:

- my \$125 non-refundable deposit
- my \$550 retreat fee

Please make checks payable to: Contemplative Outreach of NJ

Mail registration form with check to:
Leslee Terpay
7521 La Quinta Cove
Lone Tree, Colorado 80124