



Contemplative Outreach of Orange County

NINE MONTH COURSE: THE PRACTICE AND DEEPENING OF CONTEMPLATIVE LIVING

Bethany #5—2011-2012

This Course enables one to practice and deepen contemplative living according to one's own lifestyle. Formation will be offered in contemplative prayer, lifestyle and activity through:

- ◆ Deepening our experience of Centering Prayer, Lectio Divina, the Active Prayer, Logging, Welcoming Prayer Practice and Spiritual Reading.
- ◆ Nurturing the contemplative dimension of one's lifestyle by exercising discernment, simplicity, forgiveness, integrity and commitment

The ongoing process of the Course provides an environment in which to integrate contemplative practices into one's life. This integration is accomplished, in part, by opening to God as a community and consenting to God's presence and action individually and communally.

The Course meets one weekend a month from September 2011 – May 2012, and is presented by Nine Month Course Staff. The full cost is \$2170 which includes all materials.

We can accommodate 25 participants in single rooms.

COURSE WEEKEND DATES

September 16-18, 2011

October 21-23, 2011

November 11-13, 2011

December 2-4, 2011

January 13-15, 2012

February 10-12, 2012

March 9-11, 2012

April 13-15, 2012

May 11-13, 2012

TUITION PAYMENTS

\$670 Deposit (non-refundable after September 1, 2011)

\$500 By September 16, 2011

\$500 By December 2, 2011

\$500 By March 9, 2012

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