

Contemplative Outreach Westchester County, New York

**SPECIAL
POINTS OF
INTEREST:**

- 9/11
10th Anniversary
Commemoration
- Emergency
Notification for
Group Meetings
- Centering Prayer
Retreat at
Graymoor

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**A MESSAGE FROM THE COORDINATOR...
DIANE HARKIN**

The warm days of summer seem to softly say “Be Still and Know that I am God” (*Psalm 46:10*). All earth seems to honor Thomas Keating, in his Contemplative message, explains that “the means in biblical languages; a *sent*”. Noticing the breath is very prefer using the sacred breath as Centering Prayer. It is the sacred glance that leads to total self-

Gail Fitzpatrick-Hopler, a deeply spiritual woman and CEO of CO, points out in the same newsletter revived and is attracting the has an online community of Contemplative CP and Twitter has over its way into Western business- “*The Fifth Discipline: The Art of Organization*”. Gail goes on to point out that CP teaches us how to wait – to stop, become aware and listen. In doing so, we deepen our understanding of people and circumstances.

We have scheduled a spiritually nourishing year of prayer days and retreats that are listed on the next page. We hope you will be able to unite with us in prayer and share your inspired insights. Your presence makes a difference!

I am happy to announce that Bob Gregory will be joining our leadership team as assistant coordinator. He has been practicing Centering Prayer for 5 years, attends our Sat. Prayer Days and retreats and co-facilitates the Centering Prayer group at Sacred Heart in Hartsdale. He is retired from teaching and coaching in the NYC schools after 30 years.

We are grateful to Dorothy Carolin for having been our co-coordinator. Her deep wisdom and acumen has been a blessing.

the whisper. Do you? contemplative Outreach June Newsletter breath is what the term ‘spirit’ *symbol of life that is always pre-gentle and subtle*. Some people a symbol of their consent in Centering Prayer or sacred word or sacred surrender.

spiritual woman and CEO of CO, that “interest in contemplation has interest of many. Facebook over 500 people who Practice a 1000! It has even foundness...ie. Peter Singer’s book *and Practice of Learning*



Diane Harkin, Coordinator



**Bob Gregory,
Assistant Coordinator**

Commemorating the 10th Anniversary of 9/11

Presented by Steve Standiford

On Saturday, September 10th, 10AM at St. Patrick's in Armonk (optional Mass at 9AM) we will gather in prayer with two 30 minute sessions of centering prayer. Steve Standiford will then lead us in a reflection.

9/11 has shown us that we are accountable for everyone on earth—past, present, and to come. There is no way of separating our fate from the fate of others. This may mean that we share the fate of those who are suffering, or at the very least it means that we feel for those who do, and do what we can to manifest the goodness and tenderness of God through the practice of compassion for and genuine love of one another.



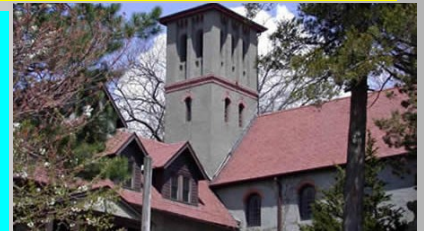
Centering Prayer Group Emergency Notification System

We encourage all centering prayer groups to set up a relay system (phone chain, email, text messaging) to notify members of meeting cancellations due to inclement weather, etc.

Centering Prayer Retreat at Graymoor

Come join Father Bill Sheehan at Graymoor on October 14-16 and be renewed by the silence (God's first language).

Arrive at 5PM on Friday or choose to spend the day Saturday at 9:30AM



Road Map for the Spiritual Journey By Frank Squitteri

The spiritual journey is the process of connecting with our Infinite Lover at the core of our being. Through our prayer, experiences and practices, we progressively open ourselves to the love beams radiating out from that center and see all through the eyes of love. Growth in love of God and others leads us to greater hope and stronger faith.

Saturday Prayer Day Calendar 2011-2012	All monthly meetings (except retreats) are held at St. Patrick's Parish, 29 Cox Ave., Armonk, NY 10504
September 10 – Commemorating the 10th Anniversary of 9/11 Steve Standiford	March 10 – United in Prayer Day Thomas Keating – DVD Presentation
October 14-16 – CP Weekend Retreat – Fr. Bill Sheehan Graymoor Spiritual Life Center, Garrison, NY Saturday Only Retreatants 9:30AM-5PM	April 4-8 – Holy Week Retreat – Fr. Carl Arico Divine Compassion Center, White Plains, NY
November 12 – Centering Prayer and Lectio Bob Gregory	April 15 – Transformation in Christ (Part 4) Diane Harkin
December 10 – Advent Scripture Rosemary Camas	May 12 – Facilitator Recognition Day Diane Harkin and Bob Gregory
January 14 - The Women in the Letters of St. Paul Fr. John Quinn	June 9 – Visioning Day Diane Harkin and Bob Gregory
February 11 – Transformation in Christ (Part 3) Diane Harkin	<i>How grateful we are for these opportunities to gather and share. "The Love of God cradles us unceasingly."</i>



Centering Prayer Groups

Sharing the experience of Centering Prayer with others within a group encourages us to be faithful to the practice and gives us the needed support.



<p>ARMONK: St. Patrick's Chapel 29 Cox Avenue, Armonk, NY Wednesdays: 7:45-8:30 am Contact: Father John Quinn 914-273-9724 Email: armagh@bestweb.net</p>	<p>OSSINING – Sing Sing Correctional Facilities Inmates only and approved visitors—call Vince for info. Second Tuesday of month—6:00 p.m. Contact: Vincent Curcuru 914-723-9351 Email: shorefront@aol.com</p>
<p>CROTON-ON-HUDSON –Holy Name of Mary Parish Church 110 Grand Street, Croton-on-Hudson, NY Thursdays: 7:30 pm Contact: John Lally 914-271-5628 Email: jjllc@verizon.net</p>	<p>Potamico Hills—Church of the Magdalene Mondays: 7-8:30 pm Contact: Judy Blanchard Young 914-332-5335 Email:</p>
<p>CROTON FALLS – St. Joseph's Church 10 Croton Falls Road, Croton Falls, NY Mondays: 3:30 p. m. Contact: Bill & Nora Montuori 914-276-4213 Email: noranbill@gmail.com Contact: Marie Gilmore 914-277-4686 Email: Mariecg@optonline.net</p>	<p>RYE – 96 Milton Road, enter rear door No meetings July and August - resume September 14 Wednesdays: 10-11:30 am Contact: Emilie Murphy 914-921-3913 Email: nimocks@aol.com</p>
<p>GARRISON – Graymoor at St. Francis of Assisi Chapel Wednesdays: 8:00 p.m. Contact: Patricia Breen 914-456-1548 Email: centering2002@yahoo.com</p>	<p>SCARSDALE – Our Lady of Fatima Church or Rectory 5 Strathmore Road, Scarsdale NY Tuesdays: 10:00 am Contact: Ellie Cioti 914-961-8609 Email: Ecioti@optonline.net</p>
<p>GREENWICH, CT –St. Paul's Church Rectory Basement – 84 Sherwood Avenue, Greenwich, CT Wednesdays: 7:15 pm Contact: Pat Castellano 203-531-6528 Email: patcast38@aol.com</p>	<p>SCARSDALE-Immaculate Heart of Mary Library 8 Carman Road, Scarsdale NY 10583 Wednesday: 10AM—11AM (Resumes 9/14/2011) Contact: Elise Kuhn 914-725-4728 Email: truthpower@aol.com ** NO Meetings July/August</p>
<p>HARTSDALE – Sacred Heart Church Rectory Basement 10 Lawton Avenue, Hartsdale, NY Tuesdays: 7:00 pm Contact: Vincent Curcuru 914-723-9351 Email: shorefront@aol.com</p>	<p>WHITE PLAINS—Our Lady of Sorrows 888 Mamaroneck Ave., White Plains, NY ('Cry Room') Wednesdays—after 9:00 a.m. Mass Contact: Peg Cataldo 914-428-1997 Email: Not available Contact: Pauline Pascale 914-761-2552 Email: geopascale@opotonline.net</p>
<p>IRVINGTON - Irvington Presbyterian Church-Knox Hall 25 N. Broadway, Irvington, NY Tuesdays: 5:00 p.m. Contact: Mary Ann Neiger 914-631-8546 Email: neigerma@verizon.net</p>	<p>WHITE PLAINS—Our Lady of Sorrows 888 Mamaroneck Ave., White Plains, NY ('Cry Room') Wednesdays: 7:30 p.m. Contact: Frank Squitteri 914-472-3238 Email: frankkit@optonline.net</p>
<p>IRVINGTON –Immaculate Conception Church 16 N. Broadway, Irvington, NY ('Cry Room' at side) Mondays: 7:30 pm Contact: Jane Byrne 914-591-3073 Email: janespeace@aol.com</p>	<p style="text-align: center;"><i>“The Spirit prays within us And We consent”</i></p>

Please consider joining a weekly group. We suggest you confirm meeting time and location with the designated contact person.

NOTE: The above information was revised in August 2011. If you are aware of any need correction/additions/deletions please contact Diane Harkin at 914-423-4888 or diharkin@aol.com.

Service Team	Lead Person	Email	Contact #
Coordinator	Diane Harkin	diharkin@aol.com	914-423-4888
Assistant Coordinator	Bob Gregory	boby@optonline.net	914-997-7960
Newsletter	Tom McCarthy	thomasjmccarthy@catholic.org	914-693-3389
Publicity	Rosemary Camas	rosemary.camas@verizon.net	914-725-1553
Finances	Elise Kuhn	truthpower@aol.com	914-725-4728
12-Step Outreach	Bob Gregory Marcella Macken	boby@optonline.net Coming Soon	914-997-7960 203-769-5150
Hospitality	Marie Gilmore Evelyn Foley Lois Steutz	mariecg@optonline.net evelynfo8@aol.com tsteutz44@aol.com	914-277-4686 914-318-5180 914-946-0710
Books	Pauline Pascale Peg Cataldo	paulinepascale@gmail.com Not available	914-761-2552 914-428-1997
Mailing	Dorothy Carolin Maggie Myhal	jgc6@verizon.net Not available	914-967-3409 914-963-4522
Intro Workshop	Diane Harkin	diharkin@aol.com	914-423-4888
Retreats	Bob Gregory Diane Harkin	boby@optonline.net diharkin@aol.com	914-997-7960 914-423-4888
Website	Pauline Pascale	paulinepascale@gmail.com	914-761-2552

**Contemplative Outreach of Westchester
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Return Service Requested

ALL ARE INVITED to these 2011 events:

September 10: *Remembering 9-11 at St. Pat's*
October 14-16: *CP Retreat at Graymoor*
November 12: *Centering Prayer and Lectio*
December 10: *Advent Scripture at St. Pat's*